LUNCH

## **MARCH 2025**

Albert Gallatin High School

Available Daily: Assorted Fresh Fruits and Veggies Assorted Canned Fruits Milk Choice May Include: FF Flavored Milk, 1% Milk, and FF Milk

Monday	Tuesday	Wednesday	Thursday	Friday
JTM Mac & Cheese	Walking Taco	Pierogies w/ Breadstick	Pasta w/ Meat Sauce	Grilled Cheese on Texas Toasy
Fresh Baby Carrots	Excel Refried Beans	Fresh Broccoli	Mixed Steamed Veggies	Tomato Soup
Ever Crisp Thin Fries	Fresh Cucumber Slices	Steamed Carrots	Side Salad	Steamed Corn
Apple Slices, Diced Peaches	Fresh Banana, Pear Cup	Diced Peaches, Mandarin Oranges	Blue Raspberry Applesauce, Orange	Apple Slices, Pineapple Chucks
Milk Choice	Milk Choice	Milk Choice	Milk Choice	Milk Choice
Meatball & Cheese Hoagie 10	Mini Corn Dogs	Creamed Chicken over Biscuit 2	Grilled Chicken Salad w/ Breac	Bosco Cheesy Bread w/ Sauce 4
Fresh Broccoli	Steamed Peas	Garbanzo Beans	Fresh Baby Carrots	Steamed Broccoli
Potato Smiles	Sweet Potato Wedges	Whipped Potatoes	Bush's Baked Beans	Side Salad
Fresh Banana, Diced Peaches	Apple Slices, Diced Pears	Fresh Orange, Diced Peaches	Apple Slices, Cherry/ Berry Sorbet	Fresh Banana, Diced Pears
Milk Choice	Milk Choice	Milk Choice	Milk Choice	Milk Choice
Tangerine Chicken over Brown	Turkey & Cheese Hoagie	Beef & Cheese Nachos	Ravioli w/ Marinara Sauce 20	Big Daddy's Pizza
Stir Fry Veggies	Fresh Cauliflower	Baked Beans & Corn	Side Salad	Steamed Peas & Carrots
Fresh Cucumber Slices	Steamed Corn	Baby Carrots	Streamed Green Beans	Side Salad
Orange, Diced Peaches	Apple Slices, Banana	Diced Strawberries, Banana	Oranges, Diced Pears	Apple Slices, Orange Juice
Milk Choice	Milk Choice	Milk Choice	Milk Choice	Milk Choice
Popcorn Chicken w/ Roll Fresh Broccoli Steamed Corn Apple Slices, Banana Milk Choice	BBQ Rib Sandwich Fresh Baby Carrots Bush's Baked Beans Diced Peaches, Fresh Strawberry Milk Choice	Ham & Cheese on Pretzel Bu 26 Steamed Green Beans Celery Sticks Fresh Oranges, Strawberry Craisins Milk Choice	Chicken Fajita Salad Cucumber Wheels Steamed Broccoli Blue Raspberry Applesauce Cup Fresh Banana Milk Choice	Fish Sandwich Baked Spiral Fries Side Salad Apple Slices, Diced Pears Milk Choice
Ravioli w/ Marinara Sauce 31 Steamed Broccoli Side Salad Fresh Banana, Diced Peaches Milk Choice	Other Daily Choices May In Uncrustable, Asst Wraps, Cheeseburgers, Special Fresh Made Sa	, Chicken Patty, Ity Pizza, and		

All students receive a complimentary lunch daily. Choices include: <u>MILK:</u> FF Flavored Milk or 1% White. <u>ASSORTED FRUIT & FRESH VEGGIE:</u> (Take up to 2 fruits & 2 Vegetables) Apple, Orange, Banana, Peach, Plum, Grapes, Asst. Canned & Other Fresh Fruit Available, Baby Carrots, Broccoli, Chick Peas, Grape Tomato, Romaine Salad, Cucumber Slices, Celery Sticks, & Asst. Other Vegetables as available. <u>Grains/ Breads</u>: 80% of all grain items are "Whole Grain Rich", per USDA regulations. To qualify as a free lunch, students must take 3,4, or 5 items, (Meat/ Meat Alternate, Grain/ Bread, Vegetable, Fruit, Milk) of which 1 must be a fruit or vegetable. Students taking required meal components receive lunch at no cost, otherwise per regulations, ala carte prices are in effect